

Full name: _____

Class: _____

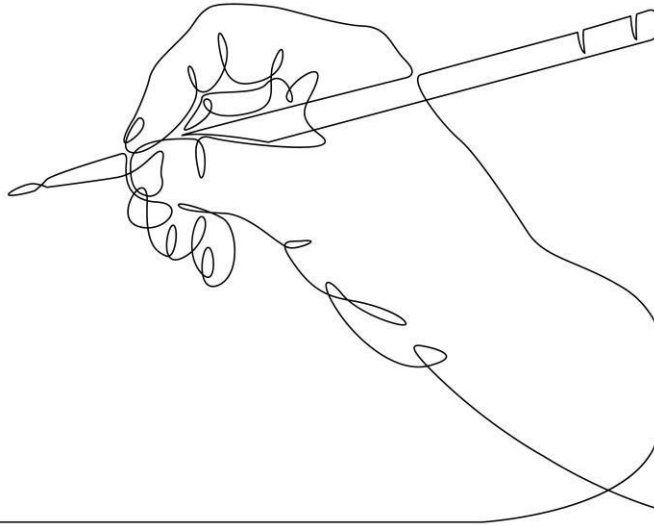
Date: _____

Score/

____ / 30 marks

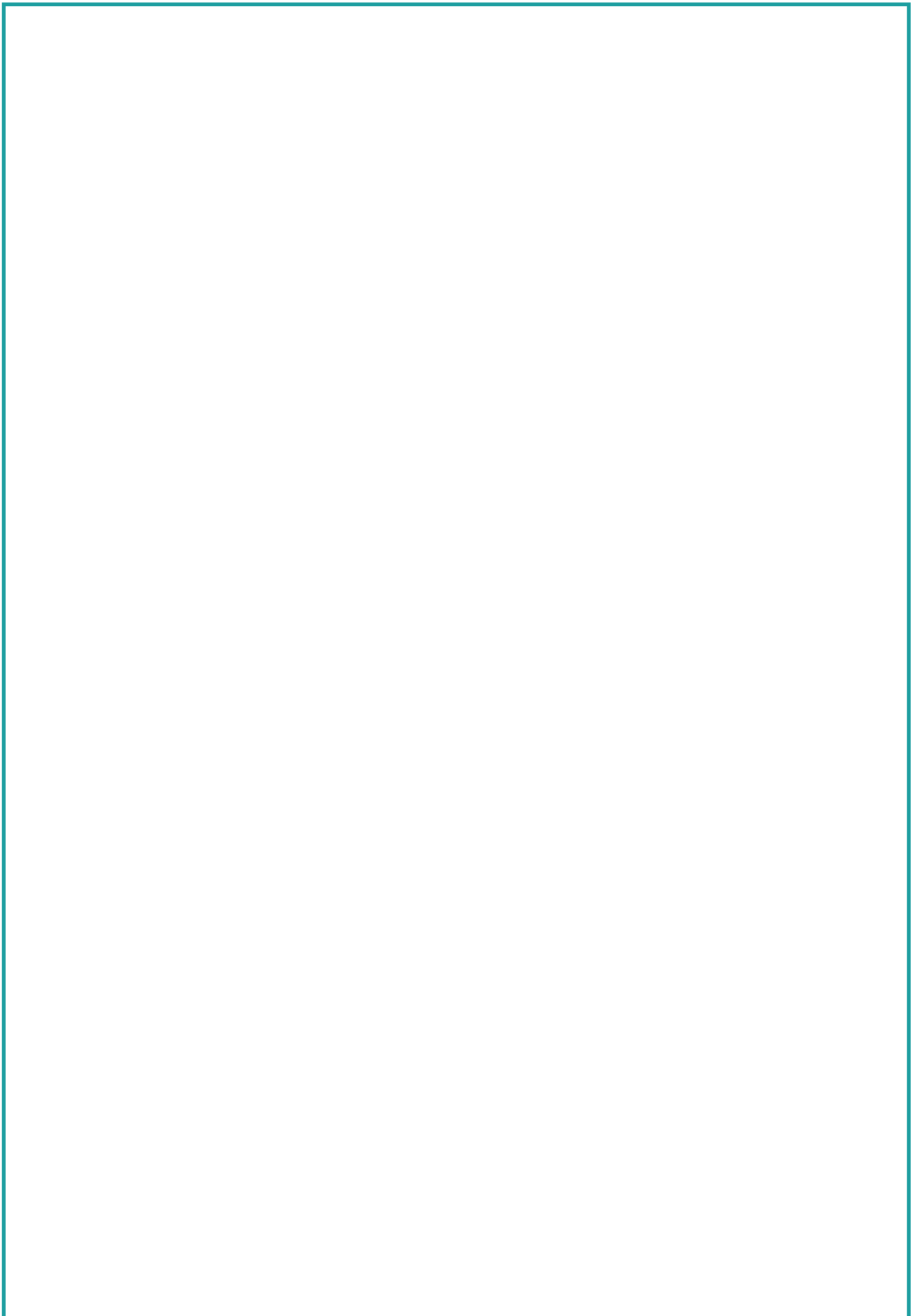
Marks

____ / 60 marks



NOTE

1. The test is designed for 50 minutes. It consists of three tasks, so you need to work at a reasonable pace to finish on time.
2. It is important that you stay quiet during the test. Respect your peers who want to concentrate. Avoid asking questions or getting up and running around.
3. Switch off your mobiles and put them away.
4. Talking to anyone in the class, using a mobile or cheating results in your losing marks or being excluded from the test.
5. Do not forget to indicate the number of words when you are asked to do so. (-1)



You would like to take yoga classes at the ENAD Fitness Club. First, however, you must become a member of the club. Fill in the membership application form.



ENAD FITNESS CLUB GYM MEMBERSHIP APPLICATION

FULL NAME (1) _____

ADDRESS (2) _____

TELEPHONE NUMBER (3) _____

EMAIL (4) _____

PLACE OF BIRTH (5) _____ DATE OF BIRTH(6) _____
yyyy/mm/dd

GENDER (7) Male Female Other (write in) _____

MEMBERSHIP (8) Annual membership Monthly membership Student membership (only daytime)

PAYMENT (9) Online payment Credit card Cash

OVERALL HEALTH GOOD BAD prefer not to say

Known heart condition YES NO prefer not to say

GOALS (more than one answer possible)

<input type="checkbox"/> Enjoying activities with others	<input type="checkbox"/> Increasing physical endurance
<input type="checkbox"/> Losing weight	<input type="checkbox"/> Overcoming injury and illness
<input type="checkbox"/> Building muscles	<input type="checkbox"/> Relaxation

DATE (10) _____ yyyy/mm/dd SIGNATURE _____

Write instructions on how to make Indian tea.

How to make 'masala Chai'

(spiced black tea)

Ingredients (write what and how much of it is needed)

Quantity	Ingredient	
1. 750 ml		_____
2. 250 ml		_____
3. to taste	 or 	_____ or _____
4 tsp		_____

Different spices you can use


+/-8 green cardamon pods


+/-10 whole black pepper corns


1 tsp fennel seeds


+/-5 pieces cinnamon


4 star anise

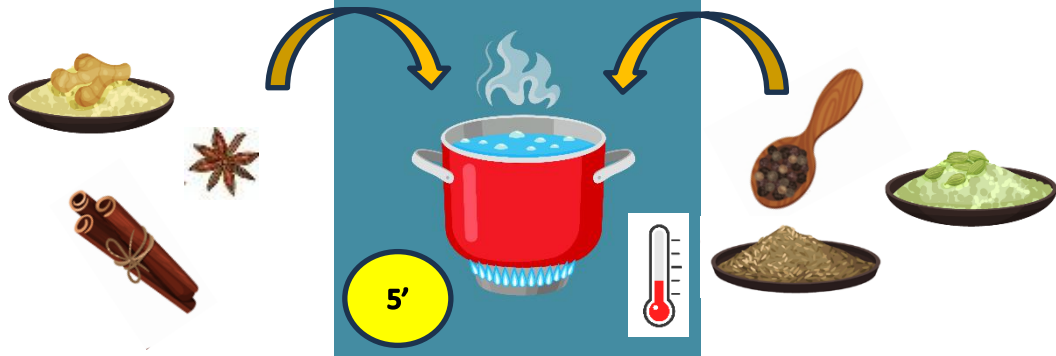

+/-10 thin slices fresh ginger

Method (tell the cook what to do, use the imperative)

1.



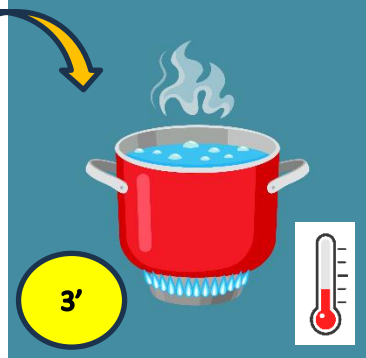
2.



3.



4.



5.